

RADIATION THERAPY SYSTEM PATIENT CARE INSTRUCTIONS

THINGS YOU WILL NEED TO BUY PRIOR TO YOUR PROCEDURE:

1. Disposable gloves
2. Cotton tipped applicators
3. Bacitracin antibacterial ointment (1)
4. 4x4 gauze pads
5. Micropore paper tape (2 rolls)
6. Alcohol

FOR CARE OF THE CATHETER SITE WHILE THE PARTIAL BREAST RADIATION Therapy System (RTS) is in place:

- DO keep catheter site clean and dry.
- DO wear a support bra at all times.
- DO change the dressing at home if it becomes saturated and if directed by your physician.
- DO NOT shower. Sponge baths only
- DO NOT remove any caps from the ends of the catheter.

WHEN CHANGING YOUR MAMMOSITE DRESSING.

Step 1: Remove soiled dressing:

- A. Wash your hands with soap and water.
- B. Put on one pair of clean disposable gloves.
- C. Remove soiled dressing and place into plastic bag and discard.

Step 2: Cleanse catheter exit site:

- A. Cleanse the catheter exit site with Iodine swabs.
- B. Cleanse the catheter site by swabbing in a circular motion starting at the exit site. Repeat twice with clean sponge sticks, moving away from the exit site with each cleansing.

Step 3: Apply antibiotic ointment:

- A. Open the antibiotic ointment package and place a small amount on one of the cotton tipped applicator swabs.
- B. Apply a very thin film of antibiotic ointment to the skin at the exit site of the catheter shaft.

Step 4: Dress MammoSite catheter with clean dressings:

- A. Place one split drain sponge around the catheter shaft with the split facing down.
Place a second split drain sponge around the catheter shaft and on top of the first drain sponge with split facing up.
- B. Place 2 gauze 4x4 over the split drain sponges.
- C. Using paper tape, secure the dressing to your skin.
- D. Discard disposable gloves in trash.

FOR CARE OF THE CATHETER SITE AFTER THE MAMMOSITE RTS IS REMOVED

Once your treatment is completed, the radiation oncologist will deflate the catheter and remove it. Expect drainage for a few days after the catheter is removed, since there are no sutures to close the opening. It will close on its own in a few days.

Once your MammoSite catheter has been removed, you will continue to dress the catheter site until the catheter site is no longer draining and has closed over. You will follow the steps above to dress the site after the MammoSite catheter has been removed (although the catheter will no longer be in your breast.)

If you experience any of the following symptoms while your MammoSite catheter is in place or after removal of the MammoSite device, call your doctor:

1. Fever greater than 100F
2. Redness or red streaks on the treated breast.
3. Swelling or warmth in the treated breast.
4. Sudden drainage of a large amount of fluid from the catheter site (a small amount of thin clear or reddish drainage is expected)
5. Foul odor or a creamy, pale yellow or yellow-green drainage from the catheter site.

If you have questions, please call: Dr Sachedina Phone: 407-740-5127

PLEASE MAKE SURE TO TAKE YOUR ANTIBIOTICS AS PRESCRIBED WHILE YOUR CATHETER IS IN PLACE.