

PRE-OPERATIVE INSTRUCTIONS FOR IN OFFICE PROCEDURES

- No Aspirin, Motrin (or Aleve products), Coumadin, Plavix, Herbs or Vitamin E for 1 week prior to your appointment. May take Tylenol or Extra Strength Tylenol only. Make sure to notify your ordering physician if you are discontinuing your coumadin, plavix, or other medications that may cause bleeding during procedures.
- Please shower the morning of your procedure. You will not be able to shower afterwards for 24 hours.
- You may drive yourself to and from your appointment.
- Arrive 30 minutes early.
- Limit your physical activities the day of your procedure. All normal activities the next day.
- You may not return to work the day of your procedure.
- You will need to return to our office within 1 week for the results of the biopsy and a post-operative check up. We do not give results over the phone.
- If you have any questions please do not hesitate to call the office.

Please remember to allow plenty of time for this appointment. Unavoidable delays may occur on procedure days. Each patient is different and we strive to provide individual attention to all of our patients.